

Concepts in questionnaire technique

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Agenda

Time	Contents	Pages	Teacher
9.00– 10.00	Introduction to questionnaires - conceptualisation	7-13, 33-35	AØH
10.00 – 11.00	Exercise: Conceptualisation		AØH
11.00 – 12.30	Concepts in questionnaire technique • Observed vs. latent variables • Conceptual frameworks • Reflective and formative models • Scales vs. indexes COSMIN taxonomy and requirements to questionnaire validation	13-17, 35-37 Articles on www	AØH
12.30 – 13.00	Lunch		
13.00 – 13.45	How to measure the construct – operationalisation • Preparing items and answer categories	35-37 41-50	AØH
13.45 – 14.30	Exercise: Preparing items and answer categories		AØH
14.30 – 15.00	Structure and design of a questionnaire study Q & A about own study		AØH

* www = see www.clinimetrics.sdu.dk

Types of variables

Observed variables - 'directly' measurable variables

- What is your weight (kg)?
- Have you been admitted to a hospital?
- In the last week have often did you feel stressed?
- Grip strength

Latent variables - 'indirectly' measurable variables

- Can be measured indirectly, measuring observable characteristics related to the non-observable construct
- Abstract concepts ex. experienced stress, pain

Latent variables and factors

Almost all latent variables are multifactorial

- I.e. more factors are necessary to describe a certain variable

Each factor can be described with

- A global item or
- An instrument consisting of more items (a multi-item-scale)

Examples of latent variables

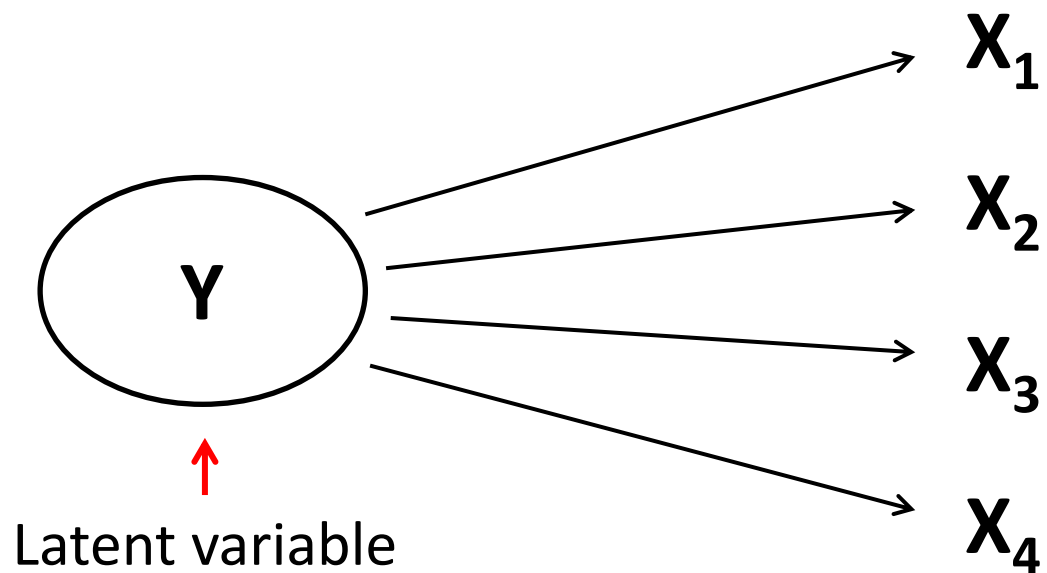
Intelligence: Measured through various cognitive tests assessing reasoning, problem-solving, memory, etc.

Depression: Inferred from symptoms such as sadness, loss of interest, fatigue, changes in sleep patterns, and others on a depression inventory scale.

Socioeconomic Status: Estimated through variables like income, education level, and occupation.

Job Satisfaction: Assessed through employee responses to questions about work environment, management support, and job role satisfaction.

Latent variable Y and items X_{1-4}



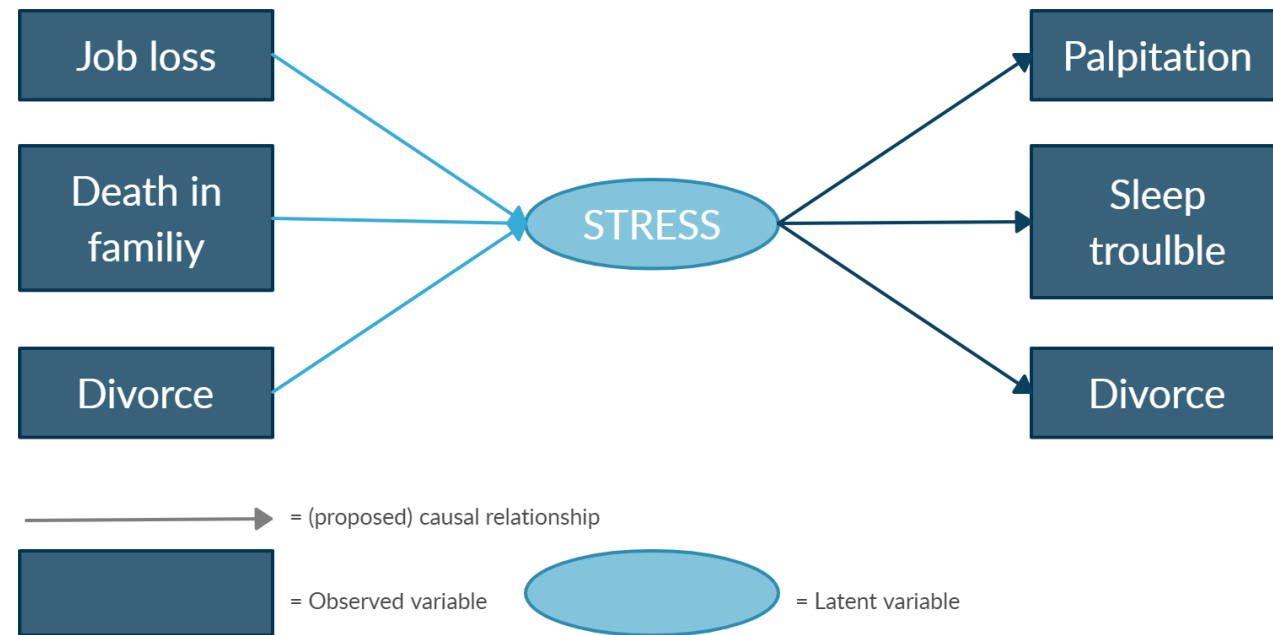
An example



Conceptual frameworks

Definition:

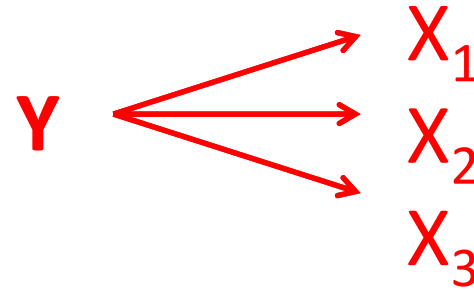
- "A model representing the relationships between the items and the construct (could be a latent variable) to be measured"



Reflective vs. formative models

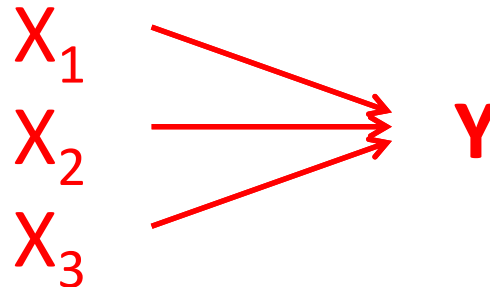
Reflective model

If the construct Y is changed, then *all* items will change too



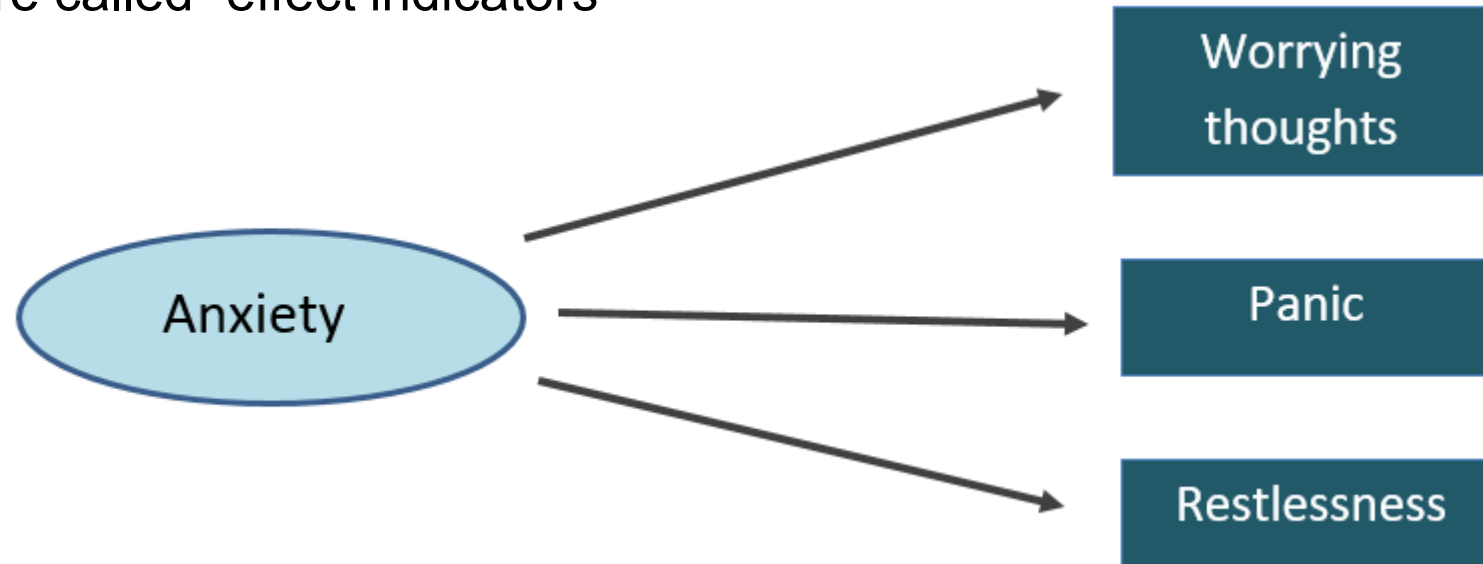
Formative model

If the construct Y is changed, then *all* items will not necessarily change



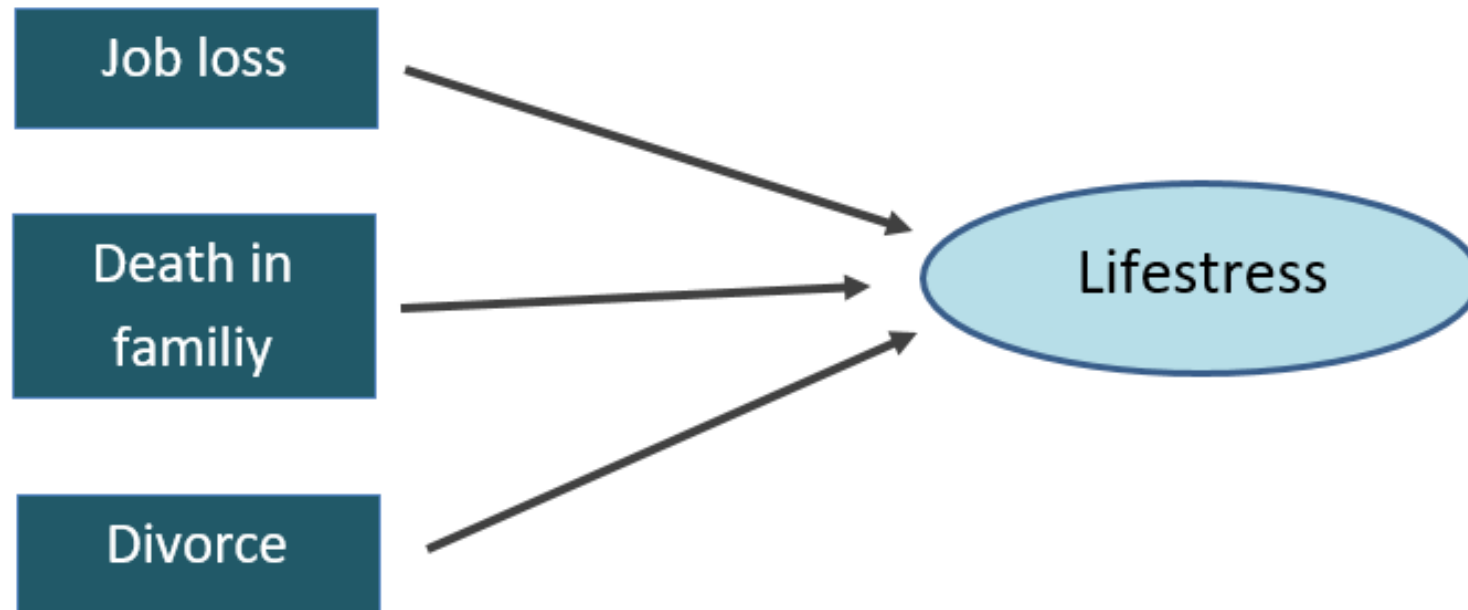
Reflective model

- The construct is reflected by the items
- Hence items correlate -> internal consistency is important
- All items change when the construct changes
- Items are manifestations of the construct
- Items are called "effect indicators"



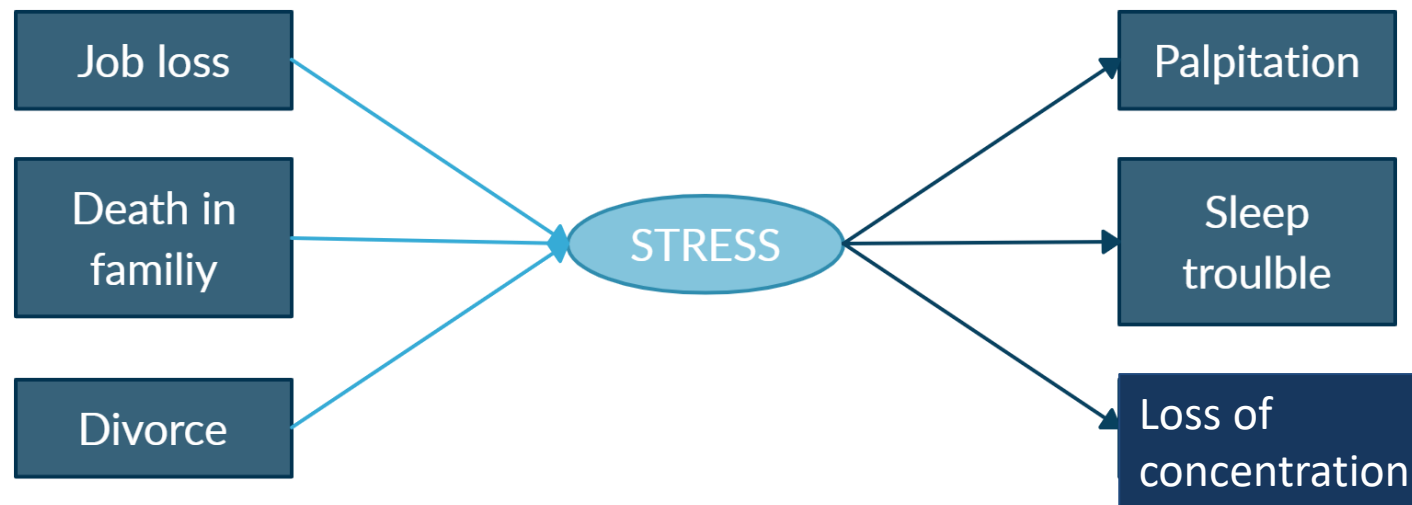
Formative model

- The items form/cause the construct
- Each item contributes to a part of the construct
- Together the items form the whole construct
- Internal consistency not important
- Items are called "causal indicators"



Reflective vs. formative model

- Do we expect the items to change when the construct changes?
 - Yes → Reflective model
 - No → Formative model
- **The distinction is not always clear cut**



Reflective vs. formative model

Reflective	Formative
A change in latent variable/construct will change the effect indicators	A change in latent variable/ construct will NOT change the effect indicators
Is often uni-dimensional	Is multi-dimensional
Modern Item Response Theory (IRT) can be used	Modern Item Response Theory (IRT) is biased
Factor analysis and Chronbachs alpha makes sence	Factor analysis and Chronbachs alpha makes no sence
Measures the latent variable	Measures e.g. a confounder

Is your questionnaire reflective or formative?



Scale, index and profile

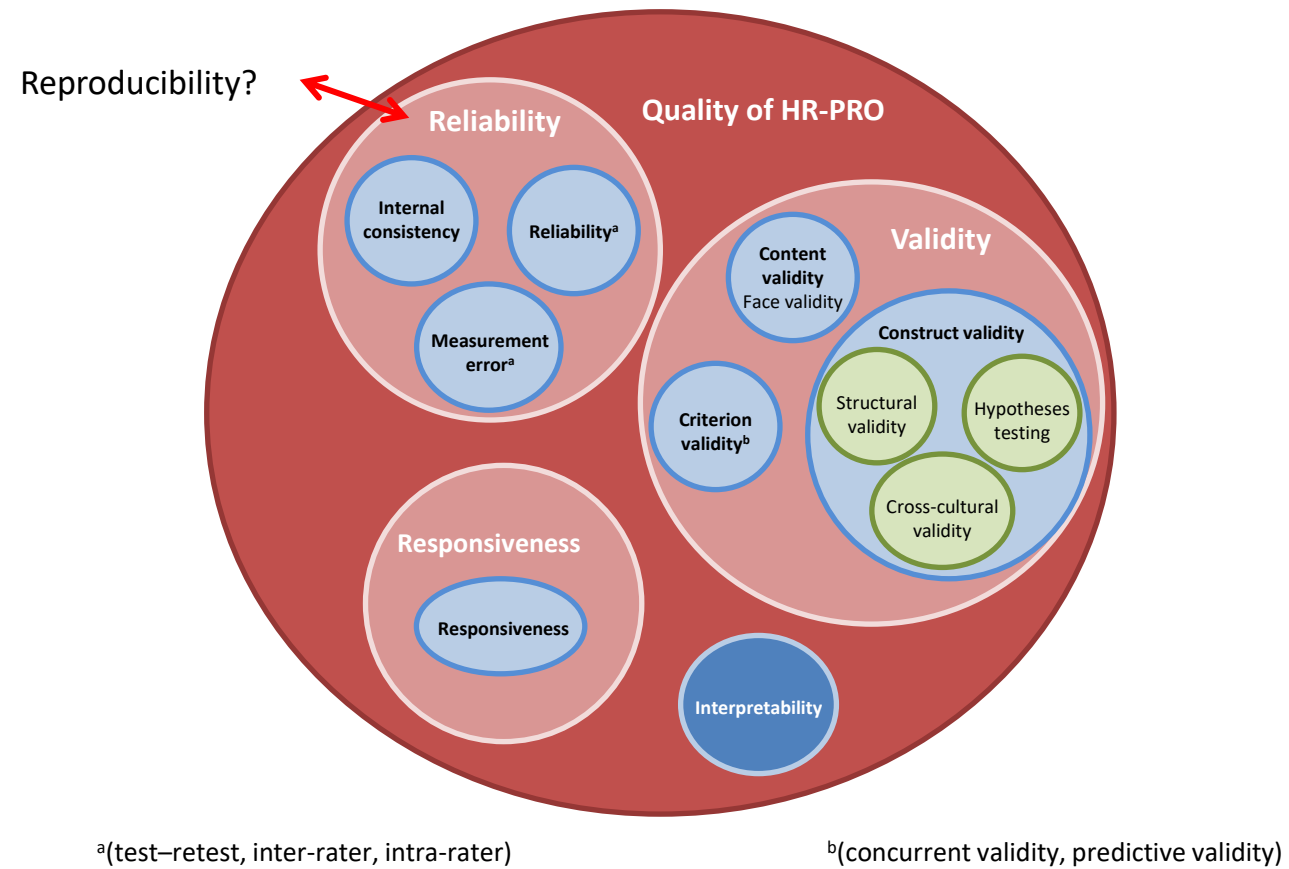
Multi-item instruments	Uni or multi-dimensional	Scores
Scale	<i>Unidimensional</i> : set of items measuring one dimension	Sum-score based on a reflective model or latent constructs
Index	<i>Multidimensional</i> : set of items measuring different dimensions	Sum-score based on a formative model or observable constructs
Profile	<i>Multidimensional</i>	One score per dimension

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The COSMIN taxonomy



COSMIN

A center of expertise for outcome measurement instruments in health research and clinical practice.

MEASUREMENT EXPLAINED BRIEFLY

At the CORE of measurement – What do you want to measure?

Content validity: judging the relevance, comprehensiveness and comprehensibility of an outcome measurement instrument

Reliability and measurement error explained

What are you working on?

To find the right tool for your research, tell us what you are working on:

- › I'm deciding what to measure
- › I'm looking for available outcome measurement instruments
- › I want to select the most suitable outcome measurement instrument
- › I'm conducting a study on measurement properties
- › I'm conducting a systematic review of outcome measurement instruments
- › I'm developing a Core Outcome Set
- › What guidance can I get from COSMIN?

? Find the right tool

You can use our tools to improve the way you do research and the reliability of your results.

Start with the question that describes your situation:

- ☐ I'm deciding what to measure
- ☒ I'm looking for available outcome measurement instruments
- ☐ I want to select the most suitable outcome measurement instrument
- ☐ I'm conducting a study on measurement properties
- ☐ I'm conducting a systematic review of outcome measurement instruments
- ☐ I'm developing a Core Outcome Set

complete.

I'm looking for available outcome measurement instruments

You are searching for overviews of which outcome measurement instruments are available to measure a specific construct; e.g. as input information when deciding on what to measure and how to measure it.

Or you are searching for studies on the quality (i.e. measurement properties, such as reliability and validity) of a specific instrument, and need some help finding the appropriate studies. Different ways to find your information are available.

Different ways to find your information are available:

- 1 Systematic reviews of outcome measurement instruments provide overviews of available instruments and their quality for measuring specific constructs in specific populations. Have a look in the [COSMIN Database for Systematic Reviews](#) to find out whether the review you need is available.
- 2 [Core Outcome Sets \(COS\)](#), including a recommendation on the outcome measurement instruments that should be used to measure the core outcomes, are great resources when searching for outcome measurement instruments. COSMIN recommends to measure and report the outcomes and outcome measurement instruments upon which consensus was reached in a specific field in your trial.

To find out if a Core Outcome Set (COS) for your specific field has been developed, have a look in the COS database that is maintained by the COMET initiative at www.comet-initiative.org. For clinical practice purposes, Standard Sets developed by ICHOM can be accessed, available at www.ichom.org.

- 3 [PROMIS®](#) (Patient-Reported Outcomes Measurement Information System) is a set of efficient, reliable, and valid patient-reported outcome measurement instruments for measuring aspects of physical, mental, and social health, that can universally be applied to adults and children with or without (chronic) diseases. This enhances standardization of measurements across populations. PROMIS instruments are developed based on modern psychometric techniques (Item Response Theory) and can be used for Computerized Adaptive Testing, whereby patients get more relevant and less questions to complete.

A-Z**COSMIN Taxonomy**

Get the definition of your measurement properties clear with our consensus-based taxonomy of measurement properties.

[USE THIS TOOL](#) ▸**Database of Systematic Reviews**

Save time searching for the best available outcome measurement instruments with our database of systematic reviews of outcome measurement instruments.

[USE THIS TOOL](#) ▸**Checklists for Assessing Study Qualities**

Use one of our checklists for assessing the methodological quality of a study on measurement properties.

[USE THIS TOOL](#) ▸**Search Filters**

Identify all relevant studies in PubMed and Embase on measurement properties effectively with our search filters.

[USE THIS TOOL](#) ▸**Guideline for Conducting Systematic Reviews**

A 10-step procedure to help you conduct your systematic review of outcome measurement instruments.

[USE THIS TOOL](#) ▸**Guideline for selecting outcome measurement instruments in a Core Outcome Set**

Improve your COS development with our systematic and consensus-based guidance.

[USE THIS TOOL](#) ▸

The COSMIN taxonomy

Overview of definitions in COSMIN

COSMIN taxonomy

The [COSMIN taxonomy of measurement properties](#), based on international consensus, is presented in Figure 1. It was decided that all measurement properties included in the taxonomy are relevant and should be evaluated for any measurement instrument used in any application.

Reliability, validity, and responsiveness

In the COSMIN taxonomy three quality domains are distinguished, i.e. reliability, validity, and responsiveness. Each domain contains one or more measurement properties.

[DOWNLOAD COSMIN TAXONOMY \(PDF\)](#)

COSMIN definitions of domains, measurement properties, and aspects of measurement properties

Term			Definition
Domain	Measurement property	Aspect of a measurement property	
Reliability			The degree to which the measurement is free from measurement error
Reliability (extended definition)			The extent to which scores for patients who have not changed are the same for repeated measurement under several conditions: e.g. using different sets of items from the same health related-patient reported outcomes (HR-PRO) (internal consistency); over time (test-retest); by different persons on the same occasion (inter-rater); or by the same persons (i.e. raters or responders) on different occasions (intra-rater)
	Internal consistency		The degree of the interrelatedness among the items
	Reliability		The proportion of the total variance in the measurements which is due to 'true' [†] differences between patients
	Measurement error		The systematic and random error of a patient's score that is not attributed to true changes in the construct to be measured
Validity			The degree to which an HR-PRO instrument measures the construct(s) it purports to measure
	Content validity		The degree to which the content of an HR-PRO instrument is an adequate reflection of the construct to be measured
		Face validity	The degree to which (the items of) an HR-PRO instrument indeed looks as though they are an adequate reflection of the construct to be measured
	Construct validity		The degree to which the scores of an HR-PRO instrument are consistent with hypotheses (for instance with regard to internal relationships, relationships to scores of other instruments, or differences between relevant groups) based on the assumption that the HR-PRO instrument validly measures the construct to be measured
		Structural validity	The degree to which the scores of an HR-PRO instrument are an adequate reflection of the dimensionality of the construct to be measured
		Hypotheses testing	Idem construct validity
		Cross-cultural validity	The degree to which the performance of the items on a translated or culturally adapted HR-PRO instrument are an adequate reflection of the performance of the items of the original version of the HR-PRO instrument
	Criterion validity		The degree to which the scores of an HR-PRO instrument are an adequate reflection of a 'gold standard'
Responsiveness			The ability of an HR-PRO instrument to detect change over time in the construct to be measured
	Responsiveness		Idem responsiveness
Interpretability*			Interpretability is the degree to which one can assign qualitative meaning - that is, clinical or commonly understood connotations - to an instrument's quantitative scores or change in scores.

A-Z

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The COSMIN checklists

Checklists developed to

- Improve the design of a study
- Assess the methodological quality of a study
- Improve the reporting of a study

3 checklists

1. COSMIN Study Design checklist

Optimal study design and statistical method

2. COSMIN Risk of Bias checklist

A list of standards to assess the methodological quality (design requirements and preferred statistical methods) of single studies included in systematic reviews of PROMs)

3. COSMIN Reporting checklist

A guide on how to report studies on measurement properties.



An example

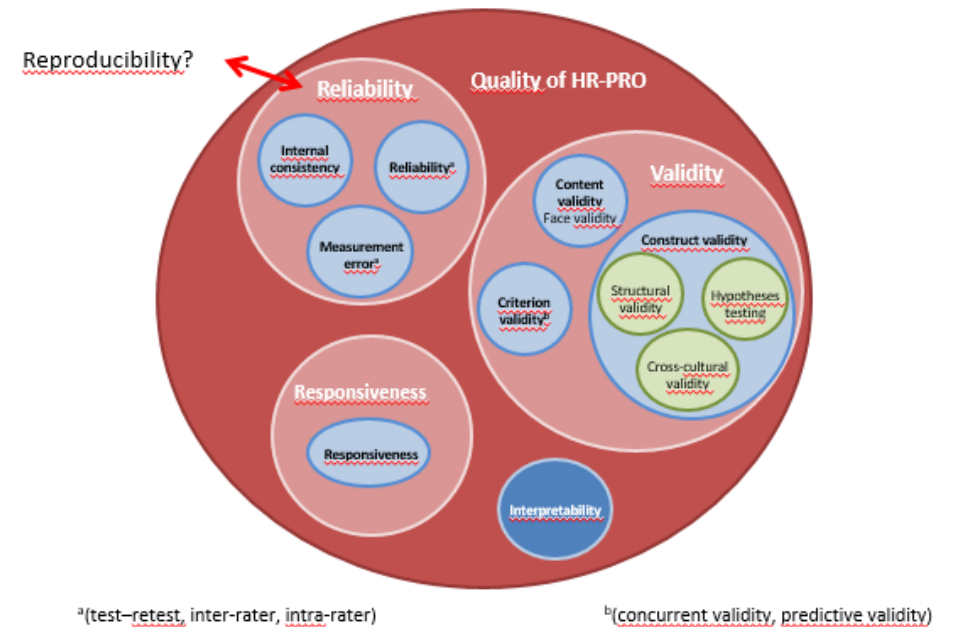
You want to measure 'Internal consistency' of a PROM in a study you are about to design

COSMIN

Domain: Reproducibility (reliability)

Measurement property: Internal consistency

Definition: "The degree of interrelatedness among the items"



COSMIN Study Design Checklist

- Recommended for designing studies to evaluate measurement properties of **existing** PROMs
- Can also be used for designing protocols for developing **new** PROMs
- Linked to the Risk of Bias checklist
- **What are the design requirements for determining ‘Internal consistency’?**

Internal consistency

Like structural validity, internal consistency is only relevant for PROMs based on a reflective model. Furthermore, internal consistency should be assessed for unidimensional (sub)scales. Therefore, unidimensionality or structural validity using e.g. factor analysis should be assessed for each scale or subscale in the study or evidence for structural validity obtained in a previous study in a sample from a comparable target population should be available.

Important introductory information on each measurement property

Internal consistency		very good	adequate	doubtful	inadequate	NA	Justification
Design requirements							
1	Check whether a scale or a subscale is unidimensional	Evidence provided that each scale or subscale is unidimensional		Unclear whether each scale or subscale is unidimensional	the scale or subscale is NOT unidimensional		RoB Box 4 (1)
2	Perform the analysis in a sample with an appropriate number of patients (taking into account expected number of missing values)	≥100 patients	50-99 patients	30-49 patients	<30 patients		Sample size
3	Provide a clear description of how missing items will be handled	The way missing items will be handled is clearly described		The way missing items will be handled is not clearly described			Original CC
Statistical methods							
4	For continuous scores: calculate Cronbach's alpha or Omega for each unidimensional scale or subscale	Cronbach's alpha, or Omega will be calculated		Only item-total correlations will be calculated	No Cronbach's alpha and no item-total correlations will be calculated	Not applicable	RoB Box 4 (2)
5	For dichotomous scores: calculate Cronbach's alpha or KR-20 for each unidimensional scale or subscale	Cronbach's alpha or KR-20 will be calculated		Only item-total correlations will be calculated	No Cronbach's alpha or KR-20 and no item-total correlations will be calculated	Not applicable	RoB Box 4 (3)

Justification for choices:

RoB – Risk of Bias checklist
CC – original COSMIN Checklist¹
Sample size considerations
Newly added standard

¹ MokkinkLB, Terwee CB, Patrick DL, et al. The COSMIN checklist for assessing the methodological quality of studies on measurement properties of health status measurement instruments: an international Delphi study. Qual Life Res. 2010;19(4): 539-49

NB: Item 6 has been removed due to limited space

The COSMIN checklists



3 checklists

1. COSMIN Study Design checklist

Optimal study design and statistical method

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A list of standards to assess the methodological quality (design requirements and preferred statistical methods) of single studies included in systematic reviews of PROMs)

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A guide on how to report studies on measurement properties.

COSMIN Risk of Bias Checklist

Most often used in systematic reviews of the quality of a given PROM

Standards

- Refers to design requirements and preferred statistical methods for evaluating the ***methodological quality of studies*** on measurement properties

Criteria

- Refers to what constitutes good measurement properties – ***quality of the PROM***

Quality of the study (the standards)

- Each measurement property has a COSMIN box containing all standards
- 10 boxes for good methodological quality of development and measurement properties:

1. *PROM development**
2. *Content validity*
3. *Structural validity*
4. *Internal consistency*
5. *Cross-cultural validity/Measurement invariance*
6. *Reproducibility (reliability)*
7. *Measurement error*
8. *Criterion validity*
9. *Hypotheses testing for construct validity*
10. *Responsiveness*

1 on development of a PROM

9 measurement properties



* Taken into account when evaluating content validity

The COSMIN Risk of Bias checklist

	COSMIN Risk of Bias Checklist
	Box 1. PROM development
	Box 2. Content validity
	Box 3. Structural validity
✗	Box 4. Internal consistency
	Box 5. Cross-cultural validity/Measurement invariance
	Box 6. Reproducibility (reliability)
	Box 7. Measurement error
	Box 8. Criterion validity
	Box 9. Hypotheses testing for construct validity
	Box 10. Responsiveness



- *Domain:* Reproducibility (reliability)
- *Measurement property:* Internal consistency
- *Definition:*

"The degree of interrelatedness among the items"

Box 4. Internal consistency

Box 4. Internal consistency					
Does the scale consist of effect indicators, i.e. is it based on a reflective model? ¹ yes / no					
Design requirements	very good	adequate	doubtful	inadequate	NA
1 Was an internal consistency statistic calculated for each unidimensional scale or subscale separately?	Internal consistency statistic calculated for each unidimensional scale or subscale		Unclear whether scale or sub scale is unidimensional	Internal consistency statistic NOT calculated for each unidimensional scale or sub scale	
Statistical methods					
2 For continuous scores: Was Cronbach's alpha or omega calculated?	Cronbach's alpha, or Omega calculated		Only item-total correlations calculated	No Cronbach's alpha and no item-total correlations calculated	Not applicable
3 For dichotomous scores: Was Cronbach's alpha or KR-20 calculated?	Cronbach's alpha or KR-20 calculated		Only item-total correlations calculated	No Cronbach's alpha or KR-20 and no item-total correlations calculated	Not applicable
4 For IRT-based scores: Was standard error of the theta (SE(θ)) or reliability coefficient of estimated latent trait value (index of (subject or item) separation) calculated?	SE(θ) or reliability coefficient calculated			SE(θ) or reliability coefficient NOT calculated	Not applicable
Other					
5 Were there any other important flaws in the design or statistical methods of the study?	No other important methodological flaws		Other minor methodological flaws	Other important methodological flaws	

Quality of the PROM (the criteria)

Internal consistency	+	At least low evidence ⁴ for sufficient structural validity ⁵ AND Cronbach's alpha(s) ≥ 0.70 for each unidimensional scale or subscale ⁶
	?	Criteria for "At least low evidence ⁴ for sufficient structural validity ⁵ " not met
	-	At least low evidence ⁴ for sufficient structural validity ⁵ AND Cronbach's alpha(s) < 0.70 for each unidimensional scale or subscale ⁶

GRADE approach

+	= sufficient
?	= indeterminate
-	= insufficient

⁴ As defined by grading the evidence according to the GRADE approach

⁵ This evidence may come from different studies

Quality level	Definition
High	We are very confident that the true measurement property lies close to that of the estimate* of the measurement property
Moderate	We are moderately confident in the measurement property estimate: the true measurement property is likely to be close to the estimate of the measurement property, but there is a possibility that it is substantially different
Low	Our confidence in the measurement property estimate is limited : the true measurement property may be substantially different from the estimate of the measurement property
Very low	We have very little confidence in the measurement property estimate: the true measurement property is likely to be substantially different from the estimate of the measurement property

Grading the quality of the evidence

Summary of study quality (standards) **AND** PROM quality (criteria)

Standards

Refers to design requirements and preferred statistical methods for evaluating the *methodological quality of studies* on measurement properties

Criteria

Refers to what constitutes good measurement properties – *quality of the PROM*

COSMIN and your project

Have you used it?
Will you use it?

Join the COSMIN
network



JOIN OUR COSMIN CLUB

We hold regular online COSMIN Club meetings to discuss your ongoing studies or reviews. Sign up and get in touch.

[JOIN ONE OF THE COSMIN CLUBS >](#)

Lunch

